

Morning Lesson

AM I CENTERED ON CHRIST?

Psalm 118:8

INTRO:

1. The shortest chapter in the bible? **Psalm 117**
2. The longest chapter in the bible? **Psalm 119**
3. The middle chapter in the bible? **Psalm 118**
4. What does it mean to make God the center of my life? **John 17:20-23; Matt. 6:33; 16:24**
5. We need to establish the right habits.
6. It might look something like the following.

I. FOCUS ON PRAYER AND BIBLE READING.

- A. This may mean setting times throughout the day Specifically for prayer and Bible reading. **Psalm 1:1, 2**
- B. Remember, the goal is to keep Jesus at the center and Become aware of His presence throughout the day.

II. CHOOSE TO REFLECT.

- A. Think about your day; what did I do? What could I have done differently? Was pleasing God in my thoughts? **Mark 6:31**
- B. Talk to God about it and ask for what is needed. Pour your heart out to Him.

III. FOSTER RELATIONSHIPS.

- A. This includes being present with your family. **Eph. 5:25; 6:4**
- B. Serve in the congregation alongside our church family.
- C. Be at peace with others. **Rom. 14:19; 12:18**

IV. NURTURE SELF-CARE.

- A. Commit to good health and life-giving activities.
- B. Taking care of ourselves is biblical. **Matt. 22:39**

V. REMIND YOURSELF OF GOD'S LOVE.

- A. God's love doesn't change. **Rom. 5:8; 1 Pet. 5:7**
- B. Learn to offer yourself grace. **Titus 2:11; Eph. 2:4-10**

CONC:

1. The center verse tells us the primary principle of living a God-centered life. **Psalm 118:8**
2. What will I do tomorrow to be more Christ-centered every day?